

PULLING OIL

(The Oil Treatment of Dr. Karach)

Dr.med. Karach spoke about a remarkable treatment at a conference of the All Ukranische-Union of the Oncologists (Specialists for Tumor diseases) and Bacteriologists, a part of the Academy of Sciences of UDSSR,. **He talked about a super simple Healing process for the human body by sunflower oil.**

The results of this healing process, causes astonishment and doubts, but by experimenting with the oil therapy everybody can see the results in his own body and can get convinced for him that these arguments are right.

It is more than surprising that with this totally harmless, biological healing method one could achieve such success and healing results. They are really without comparison. **Most illnesses could be totally cured by this simple method and it was unnecessary, to use surgery or all kinds of medicines with their so much harmful side effects.**

The real important thing of this method is in its simplicity; it is just sipping or sucking oil inside the mouth. The further healing process then is done alone by the human organism.

In this way it is possible to heal all at once-cells, tissues and all other organs because of the destruction of the natural mouth germs and with this the destruction of the human organism is stopped.

Right now, the balance is not there and causes illness and in the last consequence it affects the duration of life. Man lives only half the time which he could live. He could become 140 or 150 years old, says Dr.Karach.

The Oil-therapy heals totally headaches, bronchitis, tooth pain, thrombosis, eczema, ulcers, intestinal diseases, heart and kidney diseases, encephalitis and woman's diseases. Preventively the growth of malignant tumors is cut and healed. Chronic blood diseases, paralysis, diseases of nerves, stomach, lungs and liver and sleeplessness are cured.

Therefore, as Dr. Karach says, it is possible to heal many diseases, also those caused by poisonous chemical parts of drugs.

Dr. Karach says, his method heals the whole organism all together, also preventively. This especially is important in cases of tumors and of heart attacks. Dr. Karach: "With the oil therapy I have cured my chronic blood disease; I have suffered for 15 years. It also healed in three days an acute arthrosis which made me even lay in bed.

The healing process: Get refined sunflower oil (or peanut oil or distal oil). In the morning before breakfast you take one tablespoon of the oil – but donot swallow it. Without great effort or speed, you wash and suck the oil inside the mouth, pull it through the teeth and all that with closed mouth for 15 to 20 minutes.

You really chew, move your chin and (like in the Mayr diet) a lot of saliva is drawn; that means mouth – digestion. Obviously, the poisons are drawn from the blood through the mucous membrane of the mouth. That is why, in no case, the oil should be swallowed because it has become poisonous. First, the oil is viscous, but more and more it becomes liquid thin and white like wool. Then you spit it out. (As long as the liquid is still yellow you did not work with the oil long enough)

After spitting the oil, the mouth has to be washed intensely with water several times and the teeth need to be cleansed with brush; also the sink, because the liquid contains big amounts of bacteria and harmful material.

If we would look at a drop of this liquid through a microscope, we would see all kind of moving fibers – those are microbes in the first stage of their growth. Pulling Oil pulls out disease elements from the system (body) and restores health.

It is important to say that during Oil-pulling, our metabolism is increased much and that is why the body remains in a persistent healthy state.

One of the obvious results is the fixing of loosened teeth, the stop of bleeding teeth flesh and whitening of the teeth. The best time for the oil pulling is in the morning before breakfast. To enhance the healing process, you can repeat the treatment three times a day, but always before meal and with empty stomach. The organism will not be disturbed by this and the healing is quicker and stronger.

How long? Do till the original strength, freshness and a calm sleep is back again. After awakening in the morning you should feel refreshed and you should not have black circles under your eyes. A good appetite, a good sleep and a good remembrance (thinking) should be there.

In the beginning worsening for patients who are suffering from more than one disease, it is possible that there is a worsening of their situation. It is even possible that during the cure one infectious region of the body influences another one, which may be, would have become later even a killing disease.

Donot stop when your state gets worse: says Dr. Karach. There is no reason to interrupt the treatment even when the body temperature gets higher (it is healing temperature). Mainly when these signs are there, you should go on without interruption. If you interrupt you should know, that the healing only is there during the time of oil pulling. I point out says Dr.Karach, that a worsening of your health state is a sign that your disease is disappearing.

How often? This question only the patient himself can answer who is in the healing process. If he needs more or less depends on how he feels.

Acute diseases will be cured very quick in two to four days. Chronic diseases normally need more time, sometimes even one-year. So please Don't give-up.

End of article

Remarks:

1 The above article was published in Journal of World Teletherapy association (APR – JUN 1992 issue) from Calcutta. The editor of the journal has added at the end of the article: "I received copy the above lecture which was delivered at Indian Senior Citizens Association, HOUSTON, U.S.A on 9th Nov 1991. Please write about experiences after you have tried out".

2 This article was published in a German magazine, "Fortschritt fur alle" Nr. 46, Erika Herbst, Schlossweg 2, 8501, Feucht Bavaria, Germany.